

**When Carcinoid
Syndrome Diarrhea
takes over your plans...**



**STEP OUT FOR
A BETTER LIFE**

ASK ABOUT
XERMELO[®]
(telotristat ethyl) tablets, 250 mg

Indication

XERMELO is a prescription pill, used along with somatostatin analog (SSA) therapy, for Carcinoid Syndrome Diarrhea in adults who are not adequately controlled by SSA therapy.

Please see additional Important Safety Information below and full [Prescribing Information](#).

WHAT CAUSES CARCINOID SYNDROME DIARRHEA?

Carcinoid Syndrome Diarrhea (CSD) occurs when a neuroendocrine tumor (NET) cell produces too much serotonin.¹

Let's take a closer look

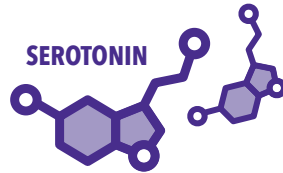
To better understand the cause of Carcinoid Syndrome Diarrhea, take a moment to learn about the science behind it.

1



When cells grow abnormally, they form a tumor.²

2



When a tumor forms in the neuroendocrine system, it may produce too many hormones, like serotonin.²

3



Hormones are one way your body's cells communicate with each other to help with bodily functions. For example, serotonin is a hormone that communicates with your gut to help with digestion.¹

4



When NETs produce too much serotonin, your body's natural serotonin levels can be thrown off balance. The extra serotonin in the gut can lead to Carcinoid Syndrome Diarrhea.²

WHY YOU NEED TO STAY ON TRACK

In a study called TELESTAR, XERMELO® (telotristat ethyl) provided meaningful reductions in Carcinoid Syndrome Diarrhea.³

XERMELO-treated patients had a 2x greater reduction in daily bowel movement frequency vs SSA alone (-1.4 vs -0.6 respectively).⁴



IN A 12-WEEK STUDY

NEARLY 9 OUT OF 10
PEOPLE TAKING XERMELO HAD A
REDUCTION IN DIARRHEA FREQUENCY
VS 69% WHO RESPONDED ON SSA ALONE⁴

How XERMELO was studied

In a major clinical study that led to XERMELO's FDA approval, XERMELO + SSA was compared with SSA alone in people with Carcinoid Syndrome. All people were followed for 12 weeks and recorded diarrhea frequency in a daily diary.³

Important Safety Information

- ◆ XERMELO may cause constipation which can be serious. You should stop taking XERMELO if severe constipation or severe, persistent, or worsening abdominal pain develops. Talk to your doctor if you have these symptoms

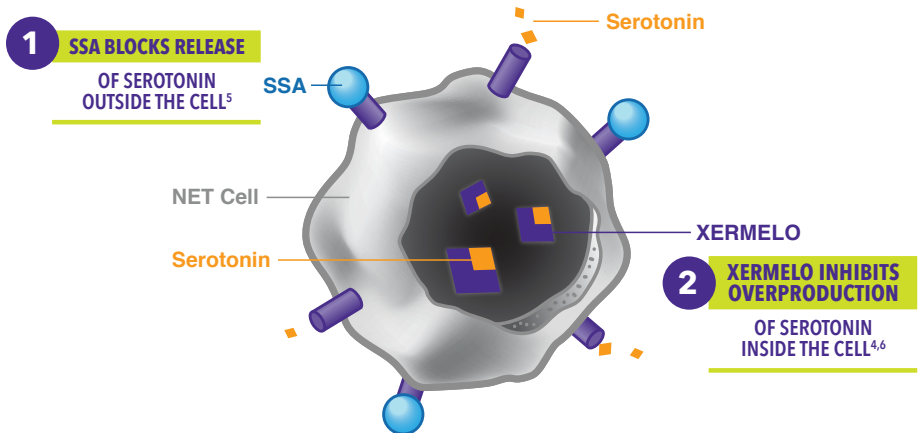
Please see Important Safety Information throughout and full [Prescribing Information](#).

You've made an important decision.

Even with somatostatin analog (SSA) therapy, you may still experience Carcinoid Syndrome Diarrhea.⁵ That's why you and your doctor have decided to add XERMELO® (telotristat ethyl) to your treatment plan.

XERMELO + SSA WORKS IN 2 DIFFERENT WAYS TO REDUCE EXCESS SEROTONIN AND MANAGE CSD⁴⁻⁶

Neuroendocrine Tumor (NET) Cell



Unlike antidiarrheal medications, XERMELO targets the cause of Carcinoid Syndrome Diarrhea, which is too much serotonin in the gut.⁶

Important Safety Information (Cont'd)

- ◆ The most common side effects of XERMELO include nausea, headache, increase in liver enzymes, depression, flatulence, decreased appetite, swelling of your hands and feet, fever, abdominal pain, and constipation

XERMELO REDUCED SEROTONIN LEVELS³

In TELESTAR study

XERMELO + SSA

REDUCED
5-HIAA levels
BY 43%^{3,4}

People treated with

SSA ALONE

EXPERIENCED A
14%
INCREASE



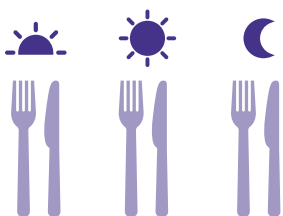
When serotonin breaks down in your body, it becomes 5-HIAA. People with Carcinoid Syndrome often have high levels of 5-HIAA. Your doctor may measure the 5-HIAA to see how much serotonin is in your body.³

**XERMELO WAS SHOWN TO BE EFFECTIVE IN PATIENTS
REGARDLESS OF THEIR BASELINE 5-HIAA LEVELS^{3,4}**

Please see Important Safety Information throughout and full [Prescribing Information](#).

HOW TO TAKE XERMELO® (TELOTRISTAT ETHYL)

When taken as directed, XERMELO helps reduce Carcinoid Syndrome Diarrhea. XERMELO should be taken 3 times a day, every day, with food.⁴



3X DAILY WITH FOOD

- ◆ For some people, XERMELO worked as early as 1 to 3 weeks from when they started taking it. In others it took up to 12 weeks to see full improvement.^{3,4}
- ◆ So, it's important to keep taking your XERMELO during this time to get the most out of treatment.⁴



Example: Not actual packaging

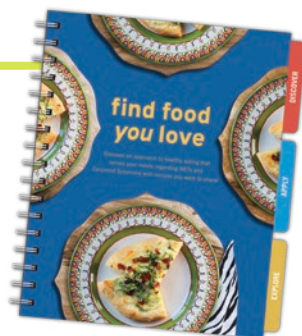
XERMELO comes in one small blister pack per week

- ◆ Easy to carry and store
- ◆ Environmentally friendly cardboard packaging

Eating with Carcinoid Syndrome

Find Food You Love is a nutrition and recipe guide designed to support your needs with Carcinoid Syndrome.

Get your **FREE** copy by visiting [FoodYouLoveBook.com!](http://FoodYouLoveBook.com)



WHERE TO GO FOR SUPPORT

TerSera Clinical Nurse Educators (CNEs) provide 1:1 support

CNEs are specialized in neuroendocrine tumors. They can help you manage daily life with Carcinoid Syndrome. They can also answer your questions about XERMELO.

Talk to a NET Nurse about Carcinoid Syndrome

CALL, VISIT, OR SCAN
TO GET STARTED:

844-334-4035

www.thenetnurse.com



Stay in touch with your specialty pharmacy

Your specialty pharmacy will call you every month to refill your XERMELO. So, make sure you answer the call. You can also call your specialty pharmacy if you need help finding financial assistance programs that you qualify for.

Call for more information: **844-937-6356**

Important Safety Information (Cont'd)

- ◆ Talk to your doctor about all medications you are taking as some may interact with XERMELO
- ◆ XERMELO is not recommended if you have moderate or severe liver impairment

Please see Important Safety Information throughout and full **[Prescribing Information](#)**.



Scan to get started



As little as \$0 Copay*

for most commercially insured patients. Patients are not eligible for copay assistance if prescriptions are paid by any state or other federally funded programs, including, but not limited to, Medicare or Medicaid, Medigap, VA or DOD, or TriCare, or where prohibited by law.

*Up to \$10,000/year.

References: 1. Naraev B, Halland M, Halperin DM, Purvis AJ, O'Dorisio TM, Halfdanarson TR. Management of diarrhea in patients with carcinoid syndrome. *Pancreas*. 2019;48(8):961-972. 2. Cancer.Net. Neuroendocrine Tumors: Introduction. <https://www.cancer.net/cancer-types/neuroendocrine-tumors/introduction>. Accessed August 10, 2021. 3. Kulke MH, Hörsch D, Caplin ME, et al. Telotristat ethyl, a tryptophan hydroxylase inhibitor for the treatment of carcinoid syndrome. *J Clin Oncol*. 2017;35(1):14-23. 4. XERMELO® (telotristat ethyl) Prescribing Information. TerSera Therapeutics LLC. 5. SANDOSTATIN® LAR DEPOT (octreotide acetate) Prescribing Information. Novartis Pharmaceuticals Corporation. 6. Molina-Cerrillo J, Alonso-Gordoa T, Martínez-Sáez O, Grande E. Inhibition of peripheral synthesis of serotonin as a new target in neuroendocrine tumors. *Oncologist*. 2016;21(6):701-707.

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